

Holy Basil

ESSENTIAL OIL



Ingredients: Ocimum Tenuiflorum (Holy Basil) Oil

Shelf Life: 2-3 years

KidSafe: No

Cautions: Possible drug interactions. Can inhibit blood clotting. Those who take aspirin or other blood-thinning medications should avoid using Holy Basil. Maximum dilution of 1% for topical applications. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. External use only.

Directions:

Aromatic - Diffuse 2-3 drops per 100 mL of water or use in a personal inhaler.

Topical - Dilute to 1% in a carrier.

DESCRIPTION

Holy Basil, also known as Tulsi, is cultivated not just for the essential oil, but for religious and traditional medicine as well. With a sweet, pungent, clove-like scent with soft balsamic undertones, the Tulsi plant has a special place in courtyards across India due to its supposed protective powers. Its unique medicinal and fragrant qualities have earned this sharp, fresh oil the nickname "Elixir of Life." Tulsi's essential oil, Holy Basil, is a powerhouse of therapeutic uses. Holy Basil may help boost vitality, is energizing and stimulating while enhancing focus, calming the nerves, relieving head and neck tension, and also offers respiratory support.

Clove-like
scent

Traditionally
revered oil

Powerhouse for
therapeutic use

Boost energy
& vitality