



ESSENTIAL OILS AND SUN SAFETY

PHOTOTOXIC OILS

Grapefruit Pink • Lemon • Lime

SAFE DILUTION % FOR TOPICAL APPLICATION*

Grapefruit Pink 4%

(12 drops or less of Grapefruit Pink in 10 ml carrier oil)

Lemon 2%

(6 drops or less of Lemon in 10 ml carrier oil)

Lime 0.7%

(1-2 drops of Lime in 10 ml carrier oil)

NON-PHOTOTOXIC CITRUS OILS

Lemon Steam Distilled • Lime Steam Distilled
Plant Therapy's Bergamot (Bergapten free)
Orange Sweet • Orange Blood • Yuzu
Tangerine • Mandarin



PLANT THERAPY®
100% PURE ESSENTIAL OILS



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*The safe percentages listed for topical use are based on scientific research that you can find on the International Fragrance Association (IFRA) website.