



PLANT THERAPY®  
100% PURE ESSENTIAL OILS

# CARRIER OIL CHART

CARRIER OIL NAME	COMEDOGENIC RATING	SCENT	SHELF LIFE	VISCOSITY	CHARACTERISTICS OF CARRIER OIL
<b>Almond</b>	2	Very Light	12 Month	Medium	Absorbs well. Nourishing and moisturizing.
<b>Apricot Kernel</b>	2	Very Light	12 Month	Medium	Gentle and good for all skin types.
<b>Argan</b>	0	Light	2 Years	Thin	Absorbs well. Good for skin issues and aging skin.
<b>Avocado</b>	2	Light	12 Month	Thick	Heavy Oil, Rich Nourishing, Penetrating.
<b>Camellia</b>	1	Very Light	1-2 Years	Medium	Absorbs well. Good for skin issues. Great for aging skin.
<b>Fractionated Coconut Oil</b>	4	Odorless	2-3 Years	Light	All around useful carrier. Good lubricant. Use for soap making.
<b>Evening Primrose</b>	2	Light	6 Month	Light	Soothes irritated skin. Good for skin issues and dry skin.
<b>Grapeseed</b>	2	Odorless	6-12 Month	Light	Non-greasy, absorbs well. Good for oily skin and massage.
<b>Hazelnut</b>	2	Light Nutty	12 Month	Light	Moisturizing, Nourishing. Good for scars and sun damage.
<b>Hemp Seed</b>	0	Nutty	6-12 Month	Medium	Good for damaged hair and nails. Great in balms and salves.
<b>JoJoba</b>	2	Light	2-3 Years	Medium	Moisturizing and good for skin issues. Prolongs shelf life of other carrier.
<b>Meadowfoam</b>	1	Very Light	2 Years	Medium	Moisturizing and nourishing.
<b>Rosehip</b>	1	Light	6-9 Month	Light	Emollient qualities. Softens and nourishes damaged skin.
<b>Sesame Seed</b>	2	Nutty	12 Month	Thick	Emollient qualities. Softens skin.
<b>Sunflower</b>	0-1	Very Light	12 Month	Thin	Absorbs well. Helpful for bruises and skin irritation.
<b>Tamanu</b>	2	Nutty	2 Years	Thick	Heavy, Rich. Skin healing and softening.

\*SHELF LIFE CAN VARY BASED ON PROPER STORAGE. WE RECOMMEND STORING IN A COOL, DARK PLACE, REFRIGERATED IF POSSIBLE.