



# Holiday **BREAK** INHALER BLEND

## What you'll need:

- 5 drops Orange Sweet
- 5 drops Copaiba Oleoresin
- 2 drops Frankincense Frereana
- 1 drop Ho Wood

## What you'll do:

To use, add to your personal aromatherapy inhaler and use as needed when the holiday season has you feeling a little overwhelmed!



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