

*Essentials*  
VIDEO SERIES

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# MARJORAM SWEET ACHY LEG CREAM

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*What you'll need:*

Achy Leg Cream

What you'll need

2 oz Olive Lotion

14 drops Frankincense Serrata

10 drops Lavender

10 drops Marjoram Sweet

*What you'll do:*

To use, add all ingredients together and gently massage onto your legs 1-2 times a day.