

Essentials  
VIDEO SERIES

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# LAVENDER FINE RELAXING BATH SACHETS

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## What you'll need:

2 8x8 squares of cotton muslin

Yarn, ribbon, or twine

½ cup Himalayan Salt

2 Tbsp Lavender Buds

6 drops of Lavender Fine

2 teaspoon Castile Soap

## What you'll do:

In a metal or glass bowl combine the Himalayan Salt and Lavender Buds. In a separate bowl combine the castile soap and Lavender Fine, stirring well.

Combine the salt and flower mixture with the liquids and mix well.

Cut two 8x8 squares of cotton muslin, laying out flat. Divide the bath salt mixture between the two squares.

Gather the edges together and tie off with your ribbon or yarn sealing tightly.

Your Relaxing Bath Sachets are now ready to drop into your next bath and enjoy, keeping the lavender contained, making clean up a breeze.