

Essentials
VIDEO SERIES

**REED
DIFFUSER BLEND**

What you'll need:

Glass jar or vase with a narrow opening

1/4 cup Fractionated Coconut Oil

2 Tbsp Vodka

6-8 reed diffuser sticks

5 drops Yuzu

4 drops Lavender Fine

3 drops Catnip

3 drops Peppermint

What you'll do:

Add Fractionated Coconut Oil, vodka, and essential oils to a glass measuring cup.

Stir with one of the reed diffuser sticks until it is well blended.

Pour into a vase and insert the reeds.