

# BLUE CYPRESS BUG BITE REMEDY

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## *What you'll need:*

- 1 oz Aloe Vera Jelly
- 10 drops Blue Cypress
- 3 drops Chamomile German
- 3 drops Lavender

## *What you'll do:*

Mix all ingredients in an airtight container. Apply as needed up to 4 times a day. This is a 3.5% dilution and is meant for short-term use only.