

DIY

REST & RECOVER BATH BOMB BLEND

What you'll need:

1/2 cup baking soda
1/4 cup Epsom salt
1/4 cup cornstarch
1/4 cup citric acid
3 tsp. Fractionated Coconut Oil
1 tbs. Water
Silicone molds
Soap coloring (optional)
20 drops Mandarin
10 drops Ho Wood
5 drops Chamomile Roman
5 drops Frankincense Serrata

What you'll do:

1. Whisk baking soda, Epsom salt, cornstarch, and citric acid thoroughly.
2. In a separate bowl, mix coconut oil, water, essential oils, and soap coloring (if desired).
3. Slowly add the liquid ingredients to the dry ingredients and whisk together. Add only a small amount of liquid at a time, whisking thoroughly each time.
4. Push firmly into silicone molds and allow to dry overnight.



PLANT THERAPY
100% PURE ESSENTIAL OILS