

Muscle Aid Balm

Version number: GHS 2.0
Replaces version of: 2025-12-12 (GHS 1)

Revision: 2025-12-12

SECTION 1: Identification

1.1 Product identifier

Trade name **Muscle Aid Balm**

1.2 Relevant identified uses of the substance or mixture and uses advised against

Relevant identified uses general use

1.3 Details of the supplier of the safety data sheet

Plant Therapy LLC
621 Washington St. S. Suite 100
Twin Falls ID 83301
United States

Telephone: +1 800-917-6577
e-mail: cs@planttherapy.com
Website: https://www.planttherapy.com

1.4 Emergency telephone number

Emergency information service This number is only available during the following office hours: Mon-Fri 09:00 AM - 05:00 PM

SECTION 2: Hazard(s) identification

2.1 Classification of the substance or mixture

Classification acc. to OSHA "Hazard Communication Standard" (29 CFR 1910.1200)

Section	Hazard class	Category	Hazard class and category	Hazard statement
A.4S	skin sensitization	1	Skin Sens. 1	H317

For full text of abbreviations: see SECTION 16.

2.2 Label elements

Labelling acc. to OSHA "Hazard Communication Standard" (29 CFR 1910.1200)

- Signal word warning

- Pictograms

GHS07



- Hazard statements
H317 May cause an allergic skin reaction.

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- Precautionary statements

P261	Avoid breathing dust/fume/gas/mist/vapors/spray.
P272	Contaminated work clothing must not be allowed out of the workplace.
P280	Wear protective gloves/protective clothing/eye protection/face protection/hearing protection.
P302+P352	If on skin: Wash with plenty of water.
P321	Specific treatment (see on this label).
P333+P313	If skin irritation or rash occurs: Get medical advice/attention.
P362+P364	Take off contaminated clothing and wash it before reuse.
P501	Dispose of contents/container to industrial combustion plant.

2.3 Other hazards

Hazards not otherwise classified

Causes mild skin irritation (GHS category 3: irritant to skin).

Results of PBT and vPvB assessment

Does not contain a PBT-/vPvB-substance at a concentration of $\geq 0.1\%$.

Endocrine disrupting properties

Does not contain an endocrine disruptor (ED) in a concentration of $\geq 0.1\%$.

SECTION 3: Composition/information on ingredients**3.1 Substances**

Not relevant (mixture)

3.2 Mixtures

Description of the mixture

This product does not meet the criteria for classification in any hazard class according to GHS.

SECTION 4: First-aid measures**4.1 Description of first-aid measures**

General notes

Do not leave affected person unattended. Remove victim out of the danger area. Keep affected person warm, still and covered. Take off immediately all contaminated clothing. In all cases of doubt, or when symptoms persist, seek medical advice. In case of unconsciousness place person in the recovery position. Never give anything by mouth.

Following inhalation

If breathing is irregular or stopped, immediately seek medical assistance and start first aid actions. Provide fresh air.

Following skin contact

Wash with plenty of soap and water.

Following eye contact

Remove contact lenses, if present and easy to do. Continue rinsing. Irrigate copiously with clean, fresh water for at least 10 minutes, holding the eyelids apart.

Following ingestion

Rinse mouth with water (only if the person is conscious). Do NOT induce vomiting.

4.2 Most important symptoms and effects, both acute and delayed

Symptoms and effects are not known to date.

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4.3 Indication of any immediate medical attention and special treatment needed

none

SECTION 5: Fire-fighting measures

5.1 Extinguishing media

Suitable extinguishing media

Water, Foam, ABC-powder

Unsuitable extinguishing media

Water jet

5.2 Special hazards arising from the substance or mixture

Hazardous combustion products

Carbon monoxide (CO), Carbon dioxide (CO₂)

5.3 Advice for firefighters

In case of fire and/or explosion do not breathe fumes. Coordinate firefighting measures to the fire surroundings. Do not allow firefighting water to enter drains or water courses. Collect contaminated firefighting water separately. Fight fire with normal precautions from a reasonable distance.

SECTION 6: Accidental release measures

6.1 Personal precautions, protective equipment and emergency procedures

For non-emergency personnel

Remove persons to safety.

For emergency responders

Wear breathing apparatus if exposed to vapors/dust/aerosols/gases.

6.2 Environmental precautions

Keep away from drains, surface and ground water. Retain contaminated washing water and dispose of it.

6.3 Methods and material for containment and cleaning up

Advice on how to contain a spill

Covering of drains, Take up mechanically

Advice on how to clean up a spill

Take up mechanically.

Other information relating to spills and releases

Place in appropriate containers for disposal. Ventilate affected area.

6.4 Reference to other sections

Hazardous combustion products: see section 5. Personal protective equipment: see section 8. Incompatible materials: see section 10. Disposal considerations: see section 13.

SECTION 7: Handling and storage

7.1 Precautions for safe handling

Recommendations

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- Measures to prevent fire as well as aerosol and dust generation
Use local and general ventilation. Use only in well-ventilated areas.

Advice on general occupational hygiene

Wash hands after use. Do not eat, drink and smoke in work areas. Remove contaminated clothing and protective equipment before entering eating areas. Never keep food or drink in the vicinity of chemicals. Never place chemicals in containers that are normally used for food or drink. Keep away from food, drink and animal feedingstuffs.

7.2 Conditions for safe storage, including any incompatibilities

Managing of associated risks

- Explosive atmospheres
Removal of dust deposits.

7.3 Specific end use(s)

See section 16 for a general overview.

SECTION 8: Exposure controls/personal protection

8.1 Control parameters

Occupational exposure limit values (Workplace Exposure Limits)
this information is not available

8.2 Exposure controls

Appropriate engineering controls
General ventilation.

Individual protection measures (personal protective equipment)

Eye/face protection

Wear eye/face protection.

Skin protection

- Hand protection

Wear protective gloves.

- Other protection measures

Take recovery periods for skin regeneration. Preventive skin protection (barrier creams/ointments) is recommended. Wash hands thoroughly after handling.

Respiratory protection

In case of inadequate ventilation wear respiratory protection.

Environmental exposure controls

Use appropriate container to avoid environmental contamination. Keep away from drains, surface and ground water.

SECTION 9: Physical and chemical properties

9.1 Information on basic physical and chemical properties

Physical state	solid (waxy)
Color	not determined

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Odor	characteristic
Melting point/freezing point	96.8 °F 96.8 °F
Boiling point or initial boiling point and boiling range	not determined
Flammability	this material is combustible, but will not ignite readily
Lower and upper explosion limit	not relevant (solid)
Flash point	193.3 °C 379.9 °F
Auto-ignition temperature	not determined
Decomposition temperature	not relevant
pH (value)	not applicable
Kinematic viscosity	not relevant
Solubility(ies)	not determined

Partition coefficient

Partition coefficient n-octanol/water (log value)	this information is not available
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Vapor pressure	not determined
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Density and/or relative density

Density	0.979 – 1.09 g/cm ³
Relative vapour density	not relevant (solid)

Particle characteristics	no data available
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9.2 Other information

Information with regard to physical hazard classes	hazard classes acc. to GHS (physical hazards): not relevant
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Other safety characteristics

Liquid content	35 %
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Solid content	65 %
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SECTION 10: Stability and reactivity

10.1 Reactivity

Concerning incompatibility: see below "Conditions to avoid" and "Incompatible materials".

10.2 Chemical stability

See below "Conditions to avoid".

10.3 Possibility of hazardous reactions

No known hazardous reactions.

10.4 Conditions to avoid

There are no specific conditions known which have to be avoided.

10.5 Incompatible materials

Oxidizers

10.6 Hazardous decomposition products

Reasonably anticipated hazardous decomposition products produced as a result of use, storage, spill and heating are not known. Hazardous combustion products: see section 5.

SECTION 11: Toxicological information

11.1 Information on toxicological effects

Test data are not available for the complete mixture.

Classification procedure

The method for classification of the mixture is based on ingredients of the mixture (additivity formula).

Classification acc. to OSHA "Hazard Communication Standard" (29 CFR 1910.1200)

Acute toxicity

Shall not be classified as acutely toxic.

Skin corrosion/irritation

Shall not be classified as corrosive/irritant to skin.

Serious eye damage/eye irritation

Shall not be classified as seriously damaging to the eye or eye irritant.

Respiratory or skin sensitization

May cause an allergic skin reaction.

Germ cell mutagenicity

Shall not be classified as germ cell mutagenic.

Carcinogenicity

Shall not be classified as carcinogenic.

Reproductive toxicity

Shall not be classified as a reproductive toxicant.

Specific target organ toxicity - single exposure

Shall not be classified as a specific target organ toxicant (single exposure).

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- Specific target organ toxicity - repeated exposure
Shall not be classified as a specific target organ toxicant (repeated exposure).
- Aspiration hazard
Shall not be classified as presenting an aspiration hazard.

SECTION 12: Ecological information

- 12.1 Toxicity**
Shall not be classified as hazardous to the aquatic environment.
- 12.2 Persistence and degradability**
Data are not available.
- 12.3 Bioaccumulative potential**
Data are not available.
- 12.4 Mobility in soil**
Data are not available.
- 12.5 Results of PBT and vPvB assessment**
Does not contain a PBT-/vPvB-substance at a concentration of $\geq 0.1\%$.
- 12.6 Endocrine disrupting properties**
Does not contain an endocrine disruptor (ED) in a concentration of $\geq 0.1\%$.
- 12.7 Other adverse effects**
Data are not available.

SECTION 13: Disposal considerations

- 13.1 Waste treatment methods**
Sewage disposal-relevant information
Do not empty into drains. Avoid release to the environment. Refer to special instructions/safety data sheets.
Waste treatment of containers/packages
Completely emptied packages can be recycled. Handle contaminated packages in the same way as the substance itself.
Remarks
Please consider the relevant national or regional provisions. Waste shall be separated into the categories that can be handled separately by the local or national waste management facilities.

SECTION 14: Transport information

- | | |
|--|---|
| 14.1 UN number | not subject to transport regulations |
| 14.2 UN proper shipping name | not relevant |
| 14.3 Transport hazard class(es) | none |
| 14.4 Packing group | not assigned |
| 14.5 Environmental hazards | non-environmentally hazardous acc. to the dangerous goods regulations |

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14.6 Special precautions for user

There is no additional information.

14.7 Transport in bulk according to IMO instruments

The cargo is not intended to be carried in bulk.

Information for each of the UN Model Regulations

Transport of dangerous goods by road or rail (49 CFR US DOT) - Additional information

Not subject to transport regulations.

International Maritime Dangerous Goods Code (IMDG) - Additional information

Not subject to IMDG.

International Civil Aviation Organization (ICAO-IATA/DGR) - Additional information

Not subject to ICAO-IATA.

SECTION 15: Regulatory information

15.1 Safety, health and environmental regulations specific for the product in question

National regulations (United States)

Toxic Substance Control Act (TSCA)

not all ingredients are listed (ACTIVE)

Superfund Amendment and Reauthorization Act (SARA TITLE III)

- The List of Extremely Hazardous Substances and Their Threshold Planning Quantities (EPCRA Section 302, 304)

none of the ingredients are listed

- Specific Toxic Chemical Listings (EPCRA Section 313)

none of the ingredients are listed

Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA)

- List of Hazardous Substances and Reportable Quantities (CERCLA section 102a) (40 CFR 302.4)

none of the ingredients are listed

Clean Air Act

none of the ingredients are listed

Right to Know Hazardous Substance List

- Cleaning Product Right to Know Act Substance List (CA-RTK)

none of the ingredients are listed

- Toxic or Hazardous Substance List (MA-TURA)

none of the ingredients are listed

- Hazardous Substance List (RI-RTK)

none of the ingredients are listed

California Environmental Protection Agency (Cal/EPA): Proposition 65 - Safe Drinking Water and Toxic Enforcement Act of 1987

none of the ingredients are listed

Industry or sector specific available guidance(s)

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NPCA-HMIS® III

Hazardous Materials Identification System. American Coatings Association.

Category	Rating	Description
Chronic	/	none
Health	2	temporary or minor injury may occur
Flammability	2	material that must be moderately heated or exposed to relatively high ambient temperatures before ignition can occur
Physical hazard	0	material that is normally stable, even under fire conditions, and will not react with water, polymerize, decompose, condense, or self-react. Non-explosive
Personal protection	-	

NFPA® 704

National Fire Protection Association: Standard System for the Identification of the Hazards of Materials for Emergency Response (United States).

Category	Degree of hazard	Description
Flammability	2	material that must be moderately heated or exposed to relatively high ambient temperatures before ignition can occur
Health	2	material that, under emergency conditions, can cause temporary incapacitation or residual injury
Instability	0	material that is normally stable, even under fire conditions
Special hazard		

National inventories

Country	Inventory	Status
EU	REACH Reg.	not all ingredients are listed
US	TSCA	not all ingredients are listed

Legend

REACH Reg. REACH registered substances
TSCA Toxic Substance Control Act

15.2 Chemical Safety Assessment

Chemical safety assessments for substances in this mixture were not carried out.

SECTION 16: Other information, including date of preparation or last revision

Indication of changes (revised safety data sheet)

Section	Former entry (text/value)	Actual entry (text/value)	Safety-relevant
4.1	Following skin contact: Rinse skin with water/shower.	Following skin contact: Wash with plenty of soap and water.	yes

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Section	Former entry (text/value)	Actual entry (text/value)	Safety-relevant
5.2	Special hazards arising from the substance or mixture: Deposited combustible dust has considerable explosion potential.	Special hazards arising from the substance or mixture	yes
7.1	- Measures to prevent fire as well as aerosol and dust generation: Use local and general ventilation. Take precautionary measures against static discharge. Use only in well-ventilated areas. Ground/bond container and receiving equipment.	- Measures to prevent fire as well as aerosol and dust generation: Use local and general ventilation. Use only in well-ventilated areas.	yes
7.1	Specific notes/details: Dust deposits may accumulate on all deposition surfaces in a technical room. The product in the delivered form is not dust explosion capable; the enrichment of fine dust however leads to the danger of dust explosion.		yes
7.2	- Ventilation requirements: Use local and general ventilation.		yes
8.1	Control parameters	Control parameters: Occupational exposure limit values (Workplace Exposure Limits) this information is not available	yes
8.1		Occupational exposure limit values (Workplace Exposure Limits): change in the listing (table)	yes
8.2	Respiratory protection: Particulate filter device (EN 143).	Respiratory protection: In case of inadequate ventilation wear respiratory protection.	yes
9.1	Physical state: solid	Physical state: solid (waxy)	yes
10.4	Hints to prevent fire or explosion: The product in the delivered form is not dust explosion capable; the enrichment of fine dust however leads to the danger of dust explosion.		yes
16		Abbreviations and acronyms: change in the listing (table)	yes

Abbreviations and acronyms

Abbr.	Descriptions of used abbreviations
49 CFR US DOT	49 CFR U.S. Department of Transportation
DGR	Dangerous Goods Regulations (see IATA/DGR)
ED	Endocrine disruptor
GHS	"Globally Harmonized System of Classification and Labelling of Chemicals" developed by the United Nations
IATA	International Air Transport Association
IATA/DGR	Dangerous Goods Regulations (DGR) for the air transport (IATA)

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Abbr.	Descriptions of used abbreviations
ICAO	International Civil Aviation Organization
IMDG	International Maritime Dangerous Goods Code
NPCA-HMIS® III	National Paint and Coatings Association: Hazardous Materials Identification System - HMIS® III, Third Edition
OSHA	Occupational Safety and Health Administration (United States)
PBT	Persistent, Bioaccumulative and Toxic
vPvB	Very Persistent and very Bioaccumulative

Key literature references and sources for data

OSHA Hazard Communication Standard (HCS), 29 CFR 1910.1200.

Transport of dangerous goods by road or rail (49 CFR US DOT). International Maritime Dangerous Goods Code (IMDG). Dangerous Goods Regulations (DGR) for the air transport (IATA).

Classification procedure

Physical and chemical properties: The classification is based on tested mixture.

Health hazards, Environmental hazards: The method for classification of the mixture is based on ingredients of the mixture (additivity formula).

List of relevant phrases (code and full text as stated in section 2 and 3)

Code	Text
H317	May cause an allergic skin reaction.

Disclaimer

This information is based upon the present state of our knowledge. This SDS has been compiled and is solely intended for this product.