

# SAFETY DATA SHEET



Revision date 27-Jun-2022

Revision Number 1

## 1. Identification

### Product identifier

**Product Name** Be Confident Essential Oil Blend

### Other means of identification

**Product Code(s)** FG00646

**Synonyms** None

### Recommended use of the chemical and restrictions on use

**Recommended use** Consumer use

**Restrictions on use** For external use only

### Details of the supplier of the safety data sheet

#### Supplier Address

Plant Therapy, LLC  
621 Washington St. S., Suite 100  
Twin Falls, ID 83301 USA

### Emergency telephone number

**Company Phone Number** 208-735-2413

**Emergency Telephone** 800-917-6577

## 2. Hazard(s) identification

### Classification

Skin corrosion/irritation	Category 2
Serious eye damage/eye irritation	Category 2A
Skin sensitization	Category 1B
Reproductive toxicity	Category 2
Aspiration hazard	Category 1
Flammable liquids	Category 4

### Hazards not otherwise classified (HNOC)

Not applicable

### Label elements

**Danger**

### Hazard statements



Pink Grapefruit Essential Oil	8016-20-4	*	*
Scots Pine Essential Oil	8023-99-2	*	*
Spearmint Essential Oil	8008-79-5	*	*
Sea Fennel Essential Oil	89997-98-8	*	*
Frankincense Carterii Essential Oil	8016-36-2	*	*
Frankincense Frereana Essential Oil	8016-36-2	*	*
Frankincense Sacra Essential Oil	8016-36-2	*	*
Frankincense Papyrifera Essential Oil	8016-36-2	*	*
Hinoki Leaf Essential Oil	91745-97-0	*	*
Roman Chamomile Essential Oil	8015-92-7	*	*

\*The exact percentage (concentration) of composition has been withheld as a trade secret.

## 4. First-aid measures

### Description of first aid measures

<b>General advice</b>	Show this safety data sheet to the doctor in attendance. Immediate medical attention is required.
<b>Inhalation</b>	Aspiration into lungs can produce severe lung damage. If breathing has stopped, give artificial respiration. Get medical attention immediately. Remove to fresh air. Avoid direct contact with skin. Use barrier to give mouth-to-mouth resuscitation. If breathing is difficult, (trained personnel should) give oxygen. Get immediate medical advice/attention. Delayed pulmonary edema may occur.
<b>Eye contact</b>	Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes. Keep eye wide open while rinsing. Do not rub affected area. Remove contact lenses, if present and easy to do. Continue rinsing. Get medical attention if irritation develops and persists.
<b>Skin contact</b>	Wash off immediately with soap and plenty of water while removing all contaminated clothes and shoes. May cause an allergic skin reaction. In the case of skin irritation or allergic reactions see a physician.
<b>Ingestion</b>	ASPIRATION HAZARD IF SWALLOWED - CAN ENTER LUNGS AND CAUSE DAMAGE. Do NOT induce vomiting. If vomiting occurs spontaneously, keep head below hips to prevent aspiration. Rinse mouth. Never give anything by mouth to an unconscious person. Get immediate medical advice/attention.
<b>Self-protection of the first aider</b>	Remove all sources of ignition. Ensure that medical personnel are aware of the material(s) involved, take precautions to protect themselves and prevent spread of contamination. Avoid direct contact with skin. Use barrier to give mouth-to-mouth resuscitation. Use personal protective equipment as required. Avoid contact with skin, eyes or clothing.

### Most important symptoms and effects, both acute and delayed

<b>Symptoms</b>	Itching. Rashes. Hives. Difficulty in breathing. Coughing and/ or wheezing. Dizziness. May cause redness and tearing of the eyes. Burning sensation.
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### Indication of any immediate medical attention and special treatment needed

<b>Note to physicians</b>	May cause sensitization in susceptible persons. Treat symptomatically. Because of the danger of aspiration, emesis or gastric lavage should not be employed unless the risk is justified by the presence of additional toxic substances.
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## 5. Fire-fighting measures

<b>Suitable Extinguishing Media</b> Large Fire	Dry chemical. Carbon dioxide (CO2). Water spray. Alcohol resistant foam. CAUTION: Use of water spray when fighting fire may be inefficient.
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<b>Unsuitable extinguishing media</b>	Do not scatter spilled material with high pressure water streams.
<b>Specific hazards arising from the chemical</b>	Keep product and empty container away from heat and sources of ignition. In the event of fire, cool tanks with water spray. Product is or contains a sensitizer. May cause sensitization by skin contact.
<b>Explosion data</b>	
<b>Sensitivity to mechanical impact</b>	None.
<b>Sensitivity to static discharge</b>	Yes.
<b>Special protective equipment and precautions for fire-fighters</b>	Firefighters should wear self-contained breathing apparatus and full firefighting turnout gear. Use personal protection equipment.

## 6. Accidental release measures

### Personal precautions, protective equipment and emergency procedures

<b>Personal precautions</b>	Evacuate personnel to safe areas. Use personal protective equipment as required. See section 8 for more information. Take precautionary measures against static discharges. Do not touch or walk through spilled material. Avoid contact with skin, eyes or clothing. Ensure adequate ventilation. Keep people away from and upwind of spill/leak.
<b>Other information</b>	Refer to protective measures listed in Sections 7 and 8.

### Methods and material for containment and cleaning up

<b>Methods for containment</b>	Stop leak if you can do it without risk. Do not touch or walk through spilled material. Dike far ahead of liquid spill for later disposal.
<b>Methods for cleaning up</b>	Take precautionary measures against static discharges. Dam up. Soak up with inert absorbent material. Pick up and transfer to properly labeled containers.

## 7. Handling and storage

### Precautions for safe handling

<b>Advice on safe handling</b>	Use personal protection equipment. Do not breathe vapor or mist. Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. Take precautionary measures against static discharges. Use with local exhaust ventilation. Handle in accordance with good industrial hygiene and safety practice. Avoid contact with skin, eyes or clothing. In case of insufficient ventilation, wear suitable respiratory equipment. Do not eat, drink or smoke when using this product. Take off contaminated clothing and wash before reuse. Remove contaminated clothing and shoes.
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### Conditions for safe storage, including any incompatibilities

<b>Storage Conditions</b>	Keep containers tightly closed in a dry, cool and well-ventilated place. Keep away from heat, sparks, flame and other sources of ignition (i.e., pilot lights, electric motors and static electricity). Keep in properly labeled containers. Store in accordance with the particular national regulations. Store in accordance with local regulations. Store locked up. Keep out of the reach of children. Store away from other materials.
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## 8. Exposure controls/personal protection

### Control parameters

**Exposure Limits** The following ingredients are the only ingredients of the product above the cut-off level (or level that contributes to the hazard classification of the mixture) which have an exposure limit applicable in the region for which this safety data sheet is intended or other recommended limit. At this time, the other relevant constituents have no known exposure limits from the sources listed here.

#### Appropriate engineering controls

**Engineering controls** Showers  
Eyewash stations  
Ventilation systems.

#### Individual protection measures, such as personal protective equipment

**Eye/face protection** Tight sealing safety goggles.

**Hand protection** Wear suitable gloves. Impervious gloves.

**Skin and body protection** Wear suitable protective clothing. Long sleeved clothing.

**Respiratory protection** No protective equipment is needed under normal use conditions. If exposure limits are exceeded or irritation is experienced, ventilation and evacuation may be required.

**General hygiene considerations** Do not eat, drink or smoke when using this product. Contaminated work clothing should not be allowed out of the workplace. Regular cleaning of equipment, work area and clothing is recommended. Wash hands before breaks and immediately after handling the product. Wear suitable gloves and eye/face protection. Avoid contact with skin, eyes or clothing.

## **9. Physical and chemical properties**

### Information on basic physical and chemical properties

**Physical state** Liquid  
**Appearance** Liquid  
**Color** Characteristic  
**Odor** Characteristic  
**Odor threshold** No information available

<u>Property</u>	<u>Values</u>	<u>Remarks • Method</u>
<b>pH</b>	No data available	None known
<b>Melting point / freezing point</b>	No data available	None known
<b>Boiling point / boiling range</b>	No data available	None known
<b>Flash point</b>	73.6 °C / 164.5 °F	None known
<b>Evaporation rate</b>	No data available	None known
<b>Flammability (solid, gas)</b>	No data available	None known
<b>Flammability Limit in Air</b>		None known
<b>Upper flammability or explosive limits</b>	No data available	
<b>Lower flammability or explosive limits</b>	No data available	
<b>Vapor pressure</b>	No data available	None known
<b>Vapor density</b>	No data available	None known
<b>Relative density</b>	0.913 - 0.933	None known
<b>Water solubility</b>	Insoluble in water	None known
<b>Solubility(ies)</b>	No data available	None known
<b>Partition coefficient</b>	No data available	None known
<b>Autoignition temperature</b>	No data available	None known
<b>Decomposition temperature</b>	No data available	None known
<b>Kinematic viscosity</b>	No data available	None known
<b>Dynamic viscosity</b>	No data available	None known

**Other information**

<b>Explosive properties</b>	No information available
<b>Oxidizing properties</b>	No information available
<b>Softening point</b>	No information available
<b>Molecular weight</b>	No information available
<b>VOC Content (%)</b>	No information available
<b>Liquid Density</b>	No information available
<b>Bulk density</b>	No information available

**10. Stability and reactivity**

<b>Reactivity</b>	No information available.
<b>Chemical stability</b>	Stable under normal conditions.
<b>Possibility of hazardous reactions</b>	None under normal processing.
<b>Conditions to avoid</b>	Heat, flames and sparks.
<b>Incompatible materials</b>	Strong acids. Strong bases. Strong oxidizing agents.
<b>Hazardous decomposition products</b>	None known based on information supplied.

**11. Toxicological information****Information on likely routes of exposure****Product Information**

<b>Inhalation</b>	Specific test data for the substance or mixture is not available. Aspiration into lungs can produce severe lung damage. May cause pulmonary edema. Pulmonary edema can be fatal. May cause irritation of respiratory tract.
<b>Eye contact</b>	Specific test data for the substance or mixture is not available. Irritating to eyes. (based on components). Causes serious eye irritation.
<b>Skin contact</b>	May cause sensitization by skin contact. Specific test data for the substance or mixture is not available. Repeated or prolonged skin contact may cause allergic reactions with susceptible persons. (based on components). Repeated exposure may cause skin dryness or cracking. Causes skin irritation.
<b>Ingestion</b>	Specific test data for the substance or mixture is not available. Potential for aspiration if swallowed. May cause lung damage if swallowed. Aspiration may cause pulmonary edema and pneumonitis. May be fatal if swallowed and enters airways. Ingestion may cause gastrointestinal irritation, nausea, vomiting and diarrhea.

**Symptoms related to the physical, chemical and toxicological characteristics**

<b>Symptoms</b>	Itching. Rashes. Hives. Difficulty in breathing. Coughing and/ or wheezing. Dizziness. Redness. May cause redness and tearing of the eyes.
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**Acute toxicity****Numerical measures of toxicity**

The following values are calculated based on chapter 3.1 of the GHS document

<b>ATEmix (oral)</b>	2,516.70 mg/kg
<b>ATEmix (dermal)</b>	5,141.50 mg/kg

**Component Information**

Chemical name	Oral LD50	Dermal LD50	Inhalation LC50
Copaiba Oleoresin 8001-61-4	= 3790 µL/kg ( Rat )	-	-
Sweet Orange Essential Oil 8008-57-9	= 4400 mg/kg ( Rat )	> 5000 mg/kg ( Rabbit )	-
Cananga Essential Oil 8006-81-3	> 5 g/kg ( Rat )	-	-
Pink Grapefruit Essential Oil 8016-20-4	> 5 g/kg ( Rat )	-	-
Spearmint Essential Oil 8008-79-5	= 5 g/kg ( Rat )	-	-
Roman Chamomile Essential Oil 8015-92-7	> 5 g/kg ( Rat )	-	-

**Delayed and immediate effects as well as chronic effects from short and long-term exposure**

<b>Skin corrosion/irritation</b>	Classification based on data available for ingredients. Irritating to skin.
<b>Serious eye damage/eye irritation</b>	Classification based on data available for ingredients. Causes serious eye irritation.
<b>Respiratory or skin sensitization</b>	May cause sensitization by skin contact.
<b>Germ cell mutagenicity</b>	No information available.
<b>Carcinogenicity</b>	No information available.
<b>Reproductive toxicity</b>	Contains a known or suspected reproductive toxin. Classification based on data available for ingredients. Suspected of damaging fertility or the unborn child.
<b>STOT - single exposure</b>	No information available.
<b>STOT - repeated exposure</b>	No information available.
<b>Aspiration hazard</b>	May be fatal if swallowed and enters airways.
<b>Other adverse effects</b>	No information available.
<b>Interactive effects</b>	No information available.

**12. Ecological information**

<b>Ecotoxicity</b>	Very toxic to aquatic life with long lasting effects.
<b>Persistence and degradability</b>	No information available.
<b>Bioaccumulation</b>	There is no data for this product.
<b>Other adverse effects</b>	No information available.

**13. Disposal considerations****Waste treatment methods**

<b>Waste from residues/unused products</b>	Dispose of in accordance with local regulations. Dispose of waste in accordance with environmental legislation.
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**Contaminated packaging** Do not reuse empty containers.

## 14. Transport information

### DOT

**UN/ID no** UN3082  
**Proper shipping name** Environmentally hazardous substance, liquid, n.o.s.  
**Hazard class** 9  
**Packing group** III

### TDG

**UN/ID no** UN3082  
**Proper shipping name** Environmentally hazardous substance, liquid, n.o.s.  
**Hazard class** 9  
**Packing group** III

### IATA

**UN number** UN3082  
**UN proper shipping name** Environmentally hazardous substance, liquid, n.o.s.  
**Transport hazard class(es)** 9  
**Packing group** III

### IMDG

**UN number** UN3082  
**UN proper shipping name** ENVIRONMENTALLY HAZARDOUS SUBSTANCE, LIQUID, N.O.S.  
**Transport hazard class(es)** 9  
**Packing group** III  
**Marine pollutant** P  
**Marine pollutant** alpha-Cedrene  
**Description** Juniperus Mexicana & Mentha Viridis Leaf Oils

## 15. Regulatory information

### International Inventories

**TSCA** Does not comply

Chemical name	CAS No	US TSCA Inventory listing	US TSCA active/inactive designation
Copaiba Oleoresin	8001-61-4	Present	Active
Sweet Orange Essential Oil	8008-57-9	Present	Active
Texas Cedarwood Essential Oil	68990-83-0	Present	Active
Cananga Essential Oil	8006-81-3	Present	Active
Pink Grapefruit Essential Oil	8016-20-4	Present	Active
Scots Pine Essential Oil	8023-99-2	Present	Active
Spearmint Essential Oil	8008-79-5	Present	Active
Sea Fennel Essential Oil	89997-98-8	-	Unknown *
Frankincense Carterii Essential Oil	8016-36-2	Present	Active
Frankincense Frereana Essential Oil	8016-36-2	Present	Active
Frankincense Sacra Essential Oil	8016-36-2	Present	Active
Frankincense Papyrifera Essential Oil	8016-36-2	Present	Active
Hinoki Leaf Essential Oil	91745-97-0	-	Unknown *
Roman Chamomile Essential Oil	8015-92-7	Present	Active

\*Contact supplier for details. One or more substances in this product are either not listed on the US TSCA inventory, listed on the confidential US TSCA inventory or are otherwise exempted from inventory listing requirements

DSL/NDL	Does not comply
EINECS/ELINCS	Does not comply
ENCS	Does not comply
IECSC	Does not comply
KECL	Does not comply
PICCS	Does not comply
AICS	Does not comply

**Legend:**

**TSCA** - United States Toxic Substances Control Act Section 8(b) Inventory

**DSL/NDL** - Canadian Domestic Substances List/Non-Domestic Substances List

**EINECS/ELINCS** - European Inventory of Existing Chemical Substances/European List of Notified Chemical Substances

**ENCS** - Japan Existing and New Chemical Substances

**IECSC** - China Inventory of Existing Chemical Substances

**KECL** - Korean Existing and Evaluated Chemical Substances

**PICCS** - Philippines Inventory of Chemicals and Chemical Substances

**AICS** - Australian Inventory of Chemical Substances

**US Federal Regulations****SARA 313**

Section 313 of Title III of the Superfund Amendments and Reauthorization Act of 1986 (SARA). This product does not contain any chemicals which are subject to the reporting requirements of the Act and Title 40 of the Code of Federal Regulations, Part 372.

**SARA 311/312 Hazard Categories**

Should this product meet EPCRA 311/312 Tier reporting criteria at 40 CFR 370, refer to Section 2 of this SDS for appropriate classifications.

**CWA (Clean Water Act)**

This product does not contain any substances regulated as pollutants pursuant to the Clean Water Act (40 CFR 122.21 and 40 CFR 122.42).

**CERCLA**

This material, as supplied, does not contain any substances regulated as hazardous substances under the Comprehensive Environmental Response Compensation and Liability Act (CERCLA) (40 CFR 302) or the Superfund Amendments and Reauthorization Act (SARA) (40 CFR 355). There may be specific reporting requirements at the local, regional, or state level pertaining to releases of this material.

**US State Regulations****California Proposition 65**

This product contains chemicals known to the state of California to cause birth defects or other reproductive harm.

Chemical name	California Proposition 65
Myrcene - 123-35-3	Carcinogen
Methyleugenol - 93-15-2	Carcinogen

**U.S. State Right-to-Know Regulations****U.S. EPA Label Information**

**EPA Pesticide Registration Number** Not applicable

**16. Other information**

<b>NFPA</b>	<b>Health hazards</b> 2	<b>Flammability</b> 2	<b>Instability</b> 0	<b>Physical and chemical properties</b> -
<b>HMIS</b>	<b>Health hazards</b> 2 *	<b>Flammability</b> 2	<b>Physical hazards</b> 0	<b>Personal protection</b> X
<i>Chronic Hazard Star Legend</i>	<i>* = Chronic Health Hazard</i>			

**Key or legend to abbreviations and acronyms used in the safety data sheet****Legend Section 8: EXPOSURE CONTROLS/PERSONAL PROTECTION**

TWA	TWA (time-weighted average)	STEL	STEL (Short Term Exposure Limit)
Ceiling	Maximum limit value	*	Skin designation

**Key literature references and sources for data used to compile the SDS**

Agency for Toxic Substances and Disease Registry (ATSDR)  
 U.S. Environmental Protection Agency ChemView Database  
 European Food Safety Authority (EFSA)  
 EPA (Environmental Protection Agency)  
 Acute Exposure Guideline Level(s) (AEGL(s))  
 U.S. Environmental Protection Agency Federal Insecticide, Fungicide, and Rodenticide Act  
 U.S. Environmental Protection Agency High Production Volume Chemicals  
 Food Research Journal  
 Hazardous Substance Database  
 International Uniform Chemical Information Database (IUCLID)  
 Japan GHS Classification  
 Australia National Industrial Chemicals Notification and Assessment Scheme (NICNAS)  
 NIOSH (National Institute for Occupational Safety and Health)  
 National Library of Medicine's ChemID Plus (NLM CIP)  
 National Library of Medicine's PubMed database (NLM PUBMED)  
 National Toxicology Program (NTP)  
 New Zealand's Chemical Classification and Information Database (CCID)  
 Organization for Economic Co-operation and Development Environment, Health, and Safety Publications  
 Organization for Economic Co-operation and Development High Production Volume Chemicals Program  
 Organization for Economic Co-operation and Development Screening Information Data Set  
 World Health Organization

**Revision date** 27-Jun-2022  
**Revision Note** No information available.

**Disclaimer**

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text.

**End of Safety Data Sheet**